

Ladies Badminton, Borough Green

Have you ever played Badminton?
Have you ever wanted to play Badminton?
Have you got an hour free on Monday mornings?

Badminton is a game that can be picked up very easily by people of all ages, from 8 to 80. It can be a fast competitive game or it can just be a bit of fun, a way to make new friends and get fit at the same time.

Our Ladies Badminton group meets at 9am on Mondays for an hour in the village hall. It is a great way to start the week. We are there for the fun rather than the competition, we always play a game of doubles, and mix and match partners.

Are you interested? Whether you have played before or not, come along and give it a whirl. You don't need any special kit, except for trainers. And you can borrow a racket too. It only costs £3.00 and is a lot of fun.